

# Persian Basics: Daily Routine



to get up	pâ shodan	پا شدن
to brush your teeth	mesvâk zadan	مسواک زدن
to shower	dush gereftan	دوش گرفتن
to go to work/school/ university/home	sar-e kâr / madrese / dâneshgâh / khune raftan	سر کار / مدرسه / دانشگاه / خانه رفتن
to eat breakfast / lunch/dinner	sobune / nâhâr / shâm khordan	صبحانه / ناهار / شام خوردن
to make	dorost kardan	درست کردن
to watch	tamâshâ kardan	تماشا کردن
to sleep	khâbidan	خوابیدن

# Persian Basics: Daily Routine



## Grammar:

### Verb Conjugation, Present

Persian has many compound verbs which are composed of 2 parts: the first part indicates the action and doesn't change. The second part is the main verb that is conjugated. We saw an example of this with the verb *zendegi kardan* زندگی کردن (to live) in Lesson 3. Only the base verb *kardan* کردن is conjugated.

Some base verbs are more common than others, so as long as you know these verbs, you can easily learn many others. Today, we look at 5 other common base verbs.

To form the present, remember that we need 3 parts:

- 1) the prefix *mi-* می
- 2) the root of the verb
- 3) the ending, according to the person

In the pages that follow, we will conjugate only the 5 base verbs that are in this lesson. You can keep this as a reference for the present tense conjugation of these and other verbs you learn.

Remember that to form the negative of these verbs, simply change the prefix to *nemi-* نمی.

# Persian Basics: Daily Routine



شدن (shodan) to become

root: **shav\*** – شو\* –

\*The root of *shodan* is *shav* in formal/written Persian. In spoken Persian, it is simply *sh-*. The transliterations in the chart below are written in the spoken form since it is more practical. For example, *Man mishavam* (formal Persian) is *Man misham* (spoken Persian). (Negative example: نمی شوم / *nemisham*)

می شویم mishim	ما mâ we	می شوم misham	من man I
می شوید (می شوین) mishin	شما shomâ you	می شوی mishi	تو to you
می شوند (می شون) mishan	آنها ânhâ they	می شود mishe	او u (oo) he/she/it

Other verbs with the base *shodan*:

to finish / *tamum shodan* / تمام شدن  
to get to know / *âshnâ shodan* / آشنا شدن  
to wake up / *bidâr shodan* / بیدار شدن

# Persian Basics: Daily Routine



to hit      زدن (zadan)  
root: **zan-**      **-زن**

می زنیم mizanim	ما mâ we	می زنم mizanam	من man I
می زنید (می زنین) mizanin	شما shomâ you	می زنی mizani	تو to you
می زنند (می زنن) mizanan	آنها ânhâ they	می زند mizane	او u (oo) he/she/it

Other verbs with the base *zadan*:

to talk / *harf zadan* / حرف زدن

to take a nap / *chort zadan* / چرت زدن

to telephone (or to rust) / *zang zadan* / زنگ زدن

# Persian Basics: Daily Routine



to get گرفتن (gereftan)  
root: gir- گیر-

می گیریم mimirim	ما mâ we	می گیرم migram	من man I
می گیرید (می گیرین) mimirin	شما shomâ you	می گیری migiri	تو to you
می گیرند (می گیرن) mimiran	آنها ânâ they	می گیرد migire	او u (oo) he/she/it

Other verbs with the base *gereftan*:

to decide / *tasmim gereftan* / تصمیم گرفتن

to borrow / *gharz gereftan* / قرض گرفتن

to learn / *yâd gereftan* / یاد گرفتن

# Persian Basics: Daily Routine



to eat/hit/match خوردن (khordan)

root: **khor-** خور-

می خوریم mikhorim	ما mâ we	می خورم mikhoram	من man I
می خورید (می خورین) mikhorin	شما shomâ you	می خوری mikhori	تو to you
می خورند (می خورن) mikhoran	آنها ânhâ they	می خورد mikhore	او u (oo) he/she/it

Other verbs with the base *khordan*:

*zamin khordan* / زمین خوردن  
to fall (literally "to eat [hit] the ground")

*sarmâ khordan* / سرما خوردن  
to catch a cold (literally "to eat the cold")

*havâ khordan* / هوا خوردن  
to get some fresh air (literally "to eat air")

# Persian Basics: Daily Routine



to go      رفتن (raftan)  
root: **rav\*** –      – **رو\***

\*The root of *raftan* is *rav* in formal/written Persian. In spoken Persian, it is simply *r-*. The transliterations in the chart below are written in the spoken form since it is more practical. For example, *Man miravam* (formal Persian) is *Man miram* in spoken Persian.

می رویم mirim	ما mâ we	می روم miram	من man I
می روید (می روین) mirin	شما shomâ you	می روی miri	تو to you
می روند (می رون) miran	آنها ânhâ they	می رود mire	او u (oo) he/she/it

Other verbs with the base *raftan*:

to walk / *râh raftan* / راه رفتن  
to escape / *dar raftan* / در رفتن

# Persian Basics: Daily Routine



to do      کردن (kardan)  
root: **kon-**      **کن-**

This is one of the most common base verbs in Persian.

می کنیم mikonim	ما mâ we	می کنم mikonam	من man I
می کنید (می روین) mikonin	شما shomâ you	می کنی mikoni	تو to you
می کنند (می رون) mikonan	آنها ânhâ they	می کند mikone	او u (oo) he/she/it

Other verbs with the base *kardan*:

to play / *bâzi kardan* / بازی کردن  
to think / *fekr kardan* / فکر کردن  
to talk / *sohbat kardan* / صحبت کردن



# Persian Basics: Daily Routine



to sleep      خوابیدن (khâbidan)  
root: **khâb\*** – خواب\* –

\*In Persian, some words that have the **خوا** pattern, as in خوابیدن (*khâbidan* – to sleep) or خواهر (*khâhar* – sister), have a silent **و** (*vâv*).

می خوابیم mikhâbim	ما mâ we	می خوابم mikhâbam	من man I
می خوابید (می خوابین) mikhâbin	شما shomâ you	می خوابی mikhâbi	تو to you
می خوابند (می خوابن) mikhâban	آنها ânhâ they	می خوابد mikhâbe	او u (oo) he/she/it

# Persian Basics: Daily Routine



کارهای روزمره

Kârhây-e ruzmarre

صبح‌ها ساعت ۶:۳۰ پا می‌شوم.

Sobh hâ sâat-e shish o nim (6:30) pâ misham.

اول مسواک می‌زنم و صبحانه می‌خورم. بعد دوش می‌گیرم.

Avval mesvâk mizanam o sobune mikhoram. Ba'ad dush migiram.

ساعت ۸:۴۵ می‌روم سر کار.

Sâat-e ye rob be noh (8:45) miram sar-e kâr.

ساعت ۱ ناهار می‌خورم.

Sâat-e yek (1) nâhâr mikhoram.

ساعت ۵:۳۰ می‌روم خانه و شام درست می‌کنم. شام می‌خورم و تلویزیون تماشا

می‌کنم.

Sâat-e panj o nim (5:30) miram khuneh o shâm dorost mikonam.

Shâm mikhoram o televiziyon tamâshâ mikonam.

ساعت ۱۱ می‌خوابم.

Sâat-e yâzdah (11) mikhâbam.

## Daily Routine

In the mornings, I get up at 6:30.

First, I brush my teeth and have breakfast. Then I take a shower.

At 8:45, I go to work.

At 1 o'clock, I have lunch.

At 5:30, I go home and make dinner. I eat dinner and watch TV.

At 11, I sleep.